



QUARTERLY NEWSLETTER

SALIDA MIDDLE SCHOOL



Happy Fall

Happy Fall and thanks for reading! School is flying by as quickly as the leaves are falling from the trees. It's already the end of quarter 1. We hope you are enjoying this beautiful season. Please reach out to the SMS staff should you have any questions or concerns.



ANNOUNCEMENTS

⇒ **Quarter 2** started on October 17, 2022. As you may recall from last year, SMS offers targeted enrichment to all students and classes can change each quarter, depending on student need. Please reach out to your student's enrichment teacher if you have questions about the content being presented.

⇒ **Parent Teacher Conferences** are being held on Wednesday 10/19 and Tuesday 10/25 5pm - 7:30pm. This year they will be student led. We hope you can join us for this drop in event. We know your student would love sharing how they are progressing so far this school year.

⇒ Register for **athletics** using FamilyID. Please visit the school website or go to the following link: <https://www.familyid.com/organizations/salida-school-district>

⇒ Please take a moment to check your students **lunch balance** in Infinite Campus. If you need support with this, please call the office. Thanks!

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SEL TIP - SELF MANAGEMENT

Self-Management refers to an individual's success in controlling his or her emotions and behaviors to complete a task or succeed in a new or challenging situation. Often, when talking about managing emotions, we focus on how to calm down when we are angry, upset, or scared. We also need to be able to energize ourselves when we are tired, bored, or just don't feel like working hard. Sometimes we need to calm down and focus; other times we need to 'psych ourselves up' to get the energy to tackle our schoolwork, chores, or our jobs. These are life-long skills that help us to be successful.

For middle school students, music can heighten our mood and help us get fired up to take on a challenge. Have your middle schooler create a playlist of music that they find energizing or inspiring. They could also create a playlist for calming down and relaxing when school work or chores are done.

Calendar of Events

Student Led Conferences: Wednesday 10/19 & Tuesday 10/25 5 - 7:30pm

Friday School: Every Friday, 9:00 - 11:00am SMS Library

Art Club: Every Tuesday, 4:00 - 4:50pm

Boys Basketball: practice started 10/17; First game is Wednesday 10/26

SMS/SHS Winter Choir Concert: Wednesday, December 14 7-8pm

Band Concert: Thursday, December 15 starts @ 5:30pm

Girls Basketball will start the week before Winter Break.





BAND & CHOIR

5-8th grade choirs performed on 10/12 a full Disney show choir production and it was fabulous! (above photo)

Upcoming Concerts:

December 14 @SHS Auditorium- SMS & SHS Winter Choir concert @ 7pm

December 15 @ SHS Auditorium- 5th & 6th grade bands @ 5:30pm

7th & 8th Bands & Jazz Band @ 7pm

SMS 7th graders spent 2 hours picking up trash around the F Street Bridge/parking lots and lower portions of Frontside, Lower Sand Dunes and Rise-N-Shine trails. They picked up over 700 pounds of trash.

Looking for Legos

Parents and Students-

Mrs. Giorno, Technology teacher, is creating a LEGO Unit for her Design and Tech class and needs your help! She is looking for LEGO block donations. So if you have old LEGO blocks you no longer want, please consider sending them her way. Any donations can be brought to the office or the computer room in the original container or baggies. Thank you in advance!



FALL SPIRIT WEEK

Athletic Successes



-Cheer Team got off the ground with new coaches Jen & Julia, a great turnout, first year for uniforms, and cheering at home volleyball and football games throughout the fall. The team will be continuing for the boys and girls basketball season.

-Cross Country saw big numbers and were successful in winning the home meet for both the boys and the girls team. Some will be running at Colorado Middle School State in October. Coach Lamond was joined this year by local runner Coach Walker.

-Football had a great season with a new coach, Coach Skipper, multiple wins and dedicated players who often played both offense and defense.

-Volleyball also had a successful year with new coaches. Coach Jacobsen and Coach Jackson brought new passion. The teams had some tough matches and some great wins. Spectators got to watch tense games with great volleys.



*Spartan
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Spartan
Strong!*

SALIDA MIDDLE SCHOOL

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